

## Plan Your Event

Move It Outside is not a "one size fits all" event. Activities vary from school to school, group to group, and community to community. The following celebration ideas provide a number of exciting ways your organization can participate in the festivities!

## Try these popular outdoor games and youth activities:

The National Center for Safe Routes to School offers ten tips on that cover all steps of the planning process.

- Three-Legged Race
- Ball Games
- Relay Games
- Tag Games
- Kaboom! Find a Playspace Near You
- Visit Get Outdoors PA for a list of activities happening in Pennsylvania's State Parks.
- Outdoor Activity Mapping Tool
- Screen Free Week
- <u>10 statewide biking routes</u>
- 82 PA WalkWorks routes
- CDC Active People Healthy Nation
- Rails-to-Trails Conservancy
- We Can!
- Good for You. Good for All. Pennsylvania Parks & Recreation
- <u>Discover the forest</u>
- Active Schools
- Fuel Up to Play 60
- CDC BAM!
- Physical Education Curriculum Analysis Tool CDC
- SHAPE America Recess Toolkit

