October [INSERT DATE], 2021

Dear Parent,

On Wednesday, October 6th, [INSERT SCHOOL/ORGANIZATION NAME] will be participating in Walk to School Day, a worldwide event to help children incorporate physical activity into their day.

To participate in Walk to School Day, youth at [INSERT SCHOOL/ORGANIZATION NAME] will be [INSERT EVENT DETAILS HERE].

Why are we participating in Walk to School Day? It encourages youth to be more active and healthy. Here are a few more reasons why you can be excited about this worldwide event:

* **It’s fun!**-Students build school spirit as they walk together!
* **Encourages Healthy Habits**-Children get to be physically active before school even starts!
* **Helps the Environment**-Walking reduces car trips and helps the environment stay clean.
* **Promotes Safety**-Walking to school helps build support for safer routes to school.
* **Connects the Community**-Students’ presence in their neighborhoods supports safety and community engagement.

For more information on this event and ways you and your family can make healthier food and activity choices at home, please visit [med.psu.edu/PROwellness](http://med.psu.edu/PROwellness) and <http://getoutdoorspa.org/index.php>

Thank you for your support,

[INSERT CONTACT NAME]

[INSERT CONTACT TITLE]

*PRO Wellness actively supports International Walk to School Day, a global movement bringing together millions of walkers from around the world to provide safe routes to school.*

*For more information on this event please visit*: [www.walkbiketoschool.org](http://www.walkbiketoschool.org)