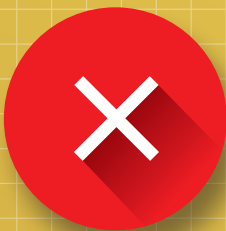


OPIOID FACTS

TRUE AND FALSE



The best thing I can do if I use drugs is to stop driving.

Driving under the influence puts you at higher risk for injury or death and can also hurt those around you.

Your doctor will report your substance use to the police. Your doctor wants you to get the help you need. Talk to your doctor about what they can do to help you become free from addiction.



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ANYONE can become addicted to opioids.

Most adults who are addicted to opioids started using when they were adolescents.



TRUE

Substance use can occur at the same time as anxiety, depression, or other mental health issues.

Many people feel anxious or depressed and they start using drugs to help them feel better. Addressing underlying mental health concerns can help people get (and stay) addiction-free.



TRUE

Getting help for mental health is just as important as getting help to stay addiction-free.

Keep your mind healthy to prevent substance use or recurrence. If you are struggling with mental health concerns, talk to your doctor about treatment options.



TRUE

If treatment doesn't work, don't bother trying again.

While we try to avoid returning to use, sometimes people need medically supervised withdrawal and treatment more than once to maintain sobriety.



FALSE

Talk to your doctor about substance use.

Ask for help. Don't wait until it's too late.



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