## Keeping Kids Safe While Walking

We want our children to be able to play outside and walk in their neighborhoods, but kids can be at risk for injury. To make sure your kids stay safe around roads and parking lots, Safe Kids recommends that children:

- always cross the street with an adult until age 10
- cross the street at corners, using traffic signals and crosswalks
- look left, right and left again when crossing
- always walk, never run, when crossing streets
- walk on sidewalks or paths
- walk facing traffic as far to the left as possible if there are no sidewalks
- never run out into the street or cross in between parked cars
- wear a properly fitting helmet every time they ride a bicycle or play wheeled sports
- are never left alone in vehicles
- play in safe areas, away from streets and vehicles

For more information on pedestrian safety please contact: The Pediatric Injury Prevention Program at Penn State Children's Hospital at 717-531-SAFE (7233)













## Driving Safely

Drivers need to do their part to keep children safe when playing outside and walking in their neighborhoods. Safe Kids reminds motorists to be extra careful and recommends that drivers:



- slow down and be especially alert in residential neighborhoods
- take extra time to look for kids at intersections, on medians and on curbs
- enter and exit driveways and alleys slowly and carefully
- watch for children on and near the road during daytime hours
- never leave a child alone in a vehicle
- always lock car doors and trunks and keep keys out of children's reach
- remember that children may move in unpredictable ways
- reduce any distractions inside your car so you can concentrate on the road and your surroundings

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