Creative support for employees

WeCare

The Doctors Kienle Center for Humanistic Medicine, in partnership with the Department of Psychiatry and Behavioral Health, offers communication space for our healthcare teams working with COVID unit patients. Led by Dr. Michael Hayes, psychologist, and Ms. Carol Moore, social worker. Wednesday and Fridays, 2:00-3:00 p.m. **Zoom Meeting Link:** <u>https://pshealth.zoom.us/j/99225567504</u>

Art for Wellness Workshops https://sites.psu.edu/kienlecenter/artworkshops/

Professional teaching artists lead art workshops for employees at home using common household items, and maintaining accessibility for all abilities – offered after hours via Zoom, by request.

Art Care

Drop in sessions of art making projects with music by Center Stage musicians, offered during work day meetings via Zoom, by request.

Art for Encouragment - https://sites.psu.edu/centerstage/creative-response-to-covid-19/



Musical Greetings Program – <u>https://sites.psu.edu/centerstage/category/center-stage-performers/</u> Uplifting music videos from our professional musicians.

Art Kits

On-the-go art kits for onsite employees and patients.

Art Therapy – <u>https://hmc.pennstatehealth.org/patients-families-and-visitors/art-therapy</u> Art therapy services by referral continue for patients and families in the Children's Hospital and Penn State Cancer Institute to support and improve psychological, developmental, physical, emotional, cognitive, and spiritual well-being. Our Art Therapist also offers therapeutic art activities that focus on relaxation, mindfulness, creativity and expression during the weekly scheduled Staff Retreat Zones.

<u>Art Repository</u> – <u>https://sites.psu.edu/centerstage/arts-repository/</u> Curated list of arts engagements to enjoy from work or home

Driveway Art Signs

Artists created images that exude messages of hope, encouragement and gratitude for signs placed within the driveway entrances.

Wild Onions – <u>http://sites.psu.edu/wildonions</u> Department of Humanities

Wild Onions, an art and literary journal published by the Penn State College of Medicine, Department of Humanities, is available online at the above url. New this year is a virtual gallery featuring art and photography from the 2020 edition showcasing the theme "The Voice Within Us."

Visit us on the web to view art and listen to music from local artists. <u>https://sites.psu.edu/centerstage/category/virtual-performances/</u> For more information email <u>CenterStage@pennstatehealth.psu.edu</u>.





Center Stage Ants in Health





